

# TGCA



**Article: Lessons Learned From Competitive Athletics.....2**  
**TGCA Summer Clinic.....3**  
**Who I Am - What I Do:**  
**Kimberly Terry.....4**  
**State Girls Basketball.....5**  
**News & Updates.....6**  
**Important Dates.....7**  
**Sponsors.....8**



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*Photo courtesy Mychele Hughes,  
Hooks ISD*



## Lessons Learned From Competitive Athletics

BY ROCKY FORD, TGCA BASKETBALL COMMITTEE CHAIR

In our society today, some groups attack athletics and say athletics should not be a part of the school day curriculum; many other groups say that athletics is an integral and vital part of school. The debate that ensues is both interesting and time consuming. When looking at the life lessons that a student may gain from the athletic program, that our society is not teaching, nor is our curriculum teaching, it can only be concluded that student athletes get more from competitive athletics than winning and losing. Nowhere else in the curriculum can a student learn some of the invaluable lessons that can be garnered from the competitive arena. At Roscoe Collegiate High school we try to focus our athletics on these "life" lessons from day to day.

The first "lesson" that we try and teach is the ability to get along. Our first focus is on the dressing rooms; we teach our athletes that if they cannot get along in here, then they will never succeed out there, in team competition. A story has been told that X's and O's don't matter if there is jealousy and hatred in the dressing room. The athletes must realize that not only is that important right now, but also ten years down the road they will have co-workers that they must be able to love, respect and work with daily. As we teach this concept we emphasize that without the ability to get along, we cannot ever be as successful as we want to be. Once this lesson is understood, we can move on to lessons learned from actual competition.

Selflessness is a struggle that we all face, especially in today's society. We want what we want, when we want it, and nothing else seems to matter. The ability to put our own selfish desires on the back burner and work together with our teammates for a common goal is a lesson definitely learned in competitive athletics. The ability to create a team goal and then work together to attain it is difficult, to say the least. Peers, parents, siblings, society-all are feeding the "I" frenzy and as coaches we must find a way to squelch these thoughts so that our teams can be successful. The T-shirt slogans; "TEAM before me", and "There is no I in team" both emphasize that lesson.

I worked a few years back in a school where the athletic motto was "Character, Integrity, Effort, and Honesty." Character and integrity are definitely learned and taught better in athletic competition than anywhere else in the curriculum. The ability to handle adversity positively is achieved by teams that can learn character from their coaches and from their teammates. Some teams find themselves behind in their competition and they will just quit and give up. Teams that have learned character can pick each other up and find a way to win the game. The girls program in Roscoe has taken the motto the last two years-"Find a Way" hoping to instill in our athletes that they must find a way to achieve their goals in the grasp of adverse conditions. Other forms of adversity where teammates pull each other through are injuries and suspensions. As a group of athletes faces adversity, they must pick up the slack for each other

and display the character it takes to finish the task at hand.

Athletics also teaches discipline, which is a characteristic that fails in our society today, and a characteristic one must possess to be successful in the game of life. We tell our kids that when they get out into "the real world" they are not going to have someone else harping on them to do their job correctly-they must be self-disciplined enough to complete it and complete it correctly. Nowhere else are they going to learn this discipline except through competitive athletics. Prioritizing their lives so that they get their studies, jobs, practice, games and whatever else they may be involved in requires a great deal of discipline. When our athletes graduate and go off to college, we as coaches, hope we have instilled the discipline in the kids that they can be contributing successful adults. Discipline is the glue that holds all the parts together. We teach our student athletes, no discipline, no success.

In today's fast paced society the debate continues as to what role athletics should play in a child's education. When a careful look at lessons learned through athletics is taken, one must conclude that not only is athletics important, but it is vital to creating mentally strong, loving, and caring adults that can get along with their peers and work together for a common goal. We have created a responsible adult through athletics when these criteria have been met.

# TGCA Summer Clinic

## TGCA SUMMER CLINIC

ARLINGTON CONVENTION CENTER

JULY 12-16, 2010

### REGISTRATION FORMS

Printable registration forms for Summer Clinic and Membership renewal are located on-line at our website, [www.austintgca.com](http://www.austintgca.com), under the "Forms" category in the menu on the left-hand side of the page. Please be sure you select the correct form, "2010-11 Printable Membership Form". You can print the form out, complete it, and mail it with a check or credit card number to TGCA at 1603 Manor Road, Austin, TX, 78722-2536.

### ON-LINE REGISTRATION

On-line registration for Summer Clinic and Membership renewal will be available beginning March 12, along with hotel reservation services. On-line registration is quick and simple. Just go to the TGCA website, [www.austintgca.com](http://www.austintgca.com), and if you are renewing your membership and registering for clinic, click on "Membership Site" in the menu on the left-hand side of the page. You will be required to log in. Follow the instructions from there.

If you are joining TGCA for the first time, we welcome you to the Association, and you will just need to click on the category entitled "Become a Member" in the menu on the left-hand side of the home web page, and follow the instructions from there. If you are already a member, DO NOT USE this category. You will make yourself a new member and give yourself a new membership number and we need you to keep the one you have always had.

In either case, you will need a credit card to complete the transaction, and please be sure you click on the appropriate box(es) at the very bottom of the page as to what you are paying for. Your transaction will not go completely through if you do not check the appropriate box(es).

### ON-SITE REGISTRATION

On-site registration will be available beginning Tuesday, July 13, at 7:30 a.m., in the Arlington Convention Center.

### HOTEL INFORMATION

Hotel on-line reservation services will be available on the TGCA website beginning March 12. Go to the TGCA website, [www.austintgca.com](http://www.austintgca.com), and click on "Summer Clinic" in the menu on the left-hand side of the page, then click on "Hotel Reservations" and follow the instructions. Following is a list of hotels we will be using for Summer Clinic in Arlington this year with their rates, but please remember that you cannot call these hotels directly and get the TGCA rates. If you need assistance or don't have access to a computer, reservations can be made by contacting Vanessa Ornelas with the Arlington Convention & Visitors Bureau at 817-704-7586.

### HOTELS FOR SUMMER CLINIC

#### Crown Plaza Suites Arlington

700 Avenue H East  
King Suite/Double Suite -- \$99.00

#### La Quinta Arlington North

(Next to Six Flags)  
825 North Watson Road  
Standard Double/Standard King --  
\$85.00  
Extended Suites -- \$109.00

#### Wingate by Wyndham

1024 Brookhollow Plaza Drive  
Double Queens/King with sofa sleeper/  
King (1 bed) -- \$95.00

#### Holiday Inn

1311 Wet N Wild Way  
Standard King/Standard Double  
Queens -- \$109.00

#### Sheraton Arlington

1500 Convention Center Drive  
Single/Double/Triple/ Quad -- \$129.00

#### Hilton Arlington

2401 East Lamar Boulevard  
Standard King --\$104.00  
Standard Double/King Deluxe --  
\$114.00

# Who I Am - What I Do



## Who I Am - What I Do

By **KIMBERLY TERRY, TGCA MEMBERSHIP ADMINISTRATOR AND THE EXHIBITOR COORDINATOR**

Hello Coaches! My name is Kimberly Terry and I am the Membership Administrator and the Exhibitor Coordinator for TGCA. I came to TGCA in 2008. Prior to coming to TGCA, I worked 11 years as Executive Assistant for the Texas High School Coaches Association. I have a daughter, Shelby, who is eleven.

As the Membership Administrator, I am responsible for entering the memberships into the membership program, printing membership cards and mailing them out. I handle many requests in this department, from resetting profile passwords, to lost membership cards, professional development certificates and copies of receipts. I am also responsible for the mass mailing of the yearly "Membership Reminder" post cards. I just completed the creation of our TGCA Membership Data-Entry Training Manual and I am also working on "Station Guides" that lay out duties to assist the summer staff with every aspect of the Summer Clinic Registration. I am also responsible for the membership program itself and making sure new school information and realignment changes are entered and updated.

Exhibits at the Summer Clinic are a big part of TGCA and I'm very proud to be the TGCA Exhibit

Coordinator. When a potential exhibitor calls in for information, it is my job to sell that company an exhibit space. As Exhibit Coordinator, my first priority is to make sure our exhibitors have everything they need to be successful at our Summer Clinic.

Prior to the Summer Clinic, I am responsible for getting show information to the exhibitors. I manage all booth assignments and payments. I am also responsible for putting together the Exhibitor Show Packets which gives them all the information they need for the current clinic as well as information for next year's clinic. I work closely with our show company to make sure all of our exhibitors are contacted and are able to order the things they need (carpet, electricity, etc) for their vendor booths.

During Summer Clinic you will find me in the Exhibit Hall. Before our vendors can check in and set up, I walk through the exhibit hall and double check that all booths are in number order, signs are hung properly and company names are spelled correctly. While exhibitors are moving in and setting up, I am the TGCA representative or the "go-to" person for all their needs. Occasionally, you will see me in Registration assisting with any problems coaches may have with their registration. But my true job at clinic is taking care of the exhibitors.

The satellite clinics we hold in Houston and El Paso are probably the most challenging to me, because we have to take and set up all our own equipment and hope we don't forget something. I enjoy these clinics because they are smaller and more personable. For the satellite clinics I am responsible for the clinic programs, speaker contracts, and audio visual equipment requests. I am also responsible for clinic supplies and making sure we get everything we need packed.

My other duties at TGCA include the printing and mailing of all the athlete certificates for all sports, both All-State and Academic All-State. I design and order the membership cards, the membership reminder post cards and assist with designing and updating other TGCA forms and information sheets.

When I was asked to do this article, I couldn't imagine being able to put down more than one paragraph because here at TGCA you just do things without thinking "it's my job". Its work you want to do because you know it's going to help a coach and that's what TGCA is all about. Thank you for letting me assist you and I look forward to meeting some of you personally. Best of luck to all our coaches.

### **Texas Girls Coaches Association is now on Facebook!**

Check out the TGCA Facebook page and give us your feedback, write a comment on the wall, start a discussion, and post suggestions. We welcome your feedback!

<http://www.facebook.com/pages/Austin-TX/Texas-Girls-Coaches-Association/259239694855?ref=nf>

# State Girls Basketball

## 2010 Girls Basketball Tournament

FRANK ERWIN CENTER - MARCH 4-6, 2010

### Thursday, March 4, 2010

Conference 1A Division I Semifinals  
8:30 a.m.  
10:00 a.m.

Conference 3A Semifinals  
2:00 p.m.  
3:30 p.m.

Conference 4A Semifinals  
7:00 p.m.  
8:30 p.m.

### Friday, March 5, 2010

Conference 2A Semifinals  
8:30 a.m.  
10:00 a.m.

Conference 1A Division II Semifinals  
2:00 p.m.  
7:00 p.m.

Conference 5A Semifinals  
3:30 p.m.  
8:30 p.m.

### Saturday, March 6, 2010

8:30 am Finals Conference 1A - Division I

10:00 am Finals Conference 3A

2:00 pm Finals Conference 2A

3:30 pm Finals Conference 4A

7:00 pm Finals Conference 1A - Division II

8:30 pm Finals Conference 5A

## 2010 UIL GIRLS STATE BASKETBALL TOURNAMENT PARKING INFORMATION

There are several parking garages available to the public on the University of Texas campus, as well as the area surrounding the Frank Erwin Center. Here is a brief list of some parking garages and locations around the Frank Erwin Center:

### University of Texas-Trinity Parking Garage

Located at the corner of Trinity and Martin Luther King Blvd. (MLK), one block northwest of the Frank Erwin Center. The rate for this garage is \$10 with NO in-and-out privileges. For a map of the location go to: <http://www.utexas.edu/maps/main/buildings/trg.html>

### University of Texas-Brazos Garage

Located at the corner of Brazos and Martin Luther King Blvd. (MLK), two blocks northwest of the Frank Erwin Center. The rate for this garage is \$10 with NO in-and-out privileges. For a map of the location go to: <http://www.utexas.edu/maps/main/buildings/brg.html>

### University of Texas-Manor Garage

Located at the corner of Clyde Littlefield and Robert Dedman Drives, across the street from the football stadium. The rate for this garage is \$10 with NO in-and-out privileges. For a map of the location go to: <http://www.utexas.edu/maps/main/buildings/mag.html>

### Texas State Office Parking Garages/Lots

There are several state office parking garages and lots within walking distance of the Frank Erwin Center. These lots are reserved for state employees with a permit on Thursday and Friday until 6 p.m., but are available to the public for a fee after 6 p.m. on weekdays and all day Saturday.

### Capital Metro

Additionally, Capital Metro offers extensive bus service throughout Austin, including several park-and-ride lots. Call (512) 474-1200 for more information and be sure to ask when the last bus leaves the Erwin Center and the available service on Saturday. For more information, visit the Capital Metro web site at [www.capmetro.org](http://www.capmetro.org).

Shuttle buses to and from Highland Mall will not be available throughout the basketball tournaments.

# News & Updates

## TAKS Testing and Regional Track Meets

The UIL, so as NOT to conflict with 2010 TAKS testing, has moved all Regional Track & Field Meets to May 3-4, 2010 (Monday and Tuesday). Exit Level and Grade 10 Science, as well as Grade 9 Mathematics, TAKS tests are scheduled on Thursday, April 29. Exit Level and Grade 10 Social Studies TAKS tests are scheduled on Friday, April 30.

Please check your specific regional schedule on the UIL Web site at: [http://www.uil.utexas.edu/academics/spring\\_meet/sm\\_region\\_directors.html](http://www.uil.utexas.edu/academics/spring_meet/sm_region_directors.html)

## Sign Up for the TGCA Newsflash

Don't forget to sign up for TGCA's weekly newsflash, via e-mail, with sports stories from around the state and nation, and important information from TGCA. Don't be left out! Enter the following link to register: <https://app.e2ma.net/app/view:Join/signupId:60463/acctId:35572>

## Photos of the Month

Photos Courtesy TGCA MEMBER COACHES



# Important Dates

## LaQuinta - Official Hotel of TGCA

Coaches, teams and fans can receive preferred rates through the LaQuinta toll-free central reservations number 1-800-531-5900. This rate will also apply to reservations made directly with



LaQuinta Hotels, as well as, via the internet at [www.lq.com](http://www.lq.com) using the corporate/promotional code of TGCA. These rates are good for both business and leisure travel, seven days a week, for standard and king bedded room types coast to coast.

## Other Hotel Information

**Omni Southpark:  
4140 Governor's Row  
Austin, TX. 78744**

For reservations during the Volleyball State Tournament call: 1-800-THE-OMNI. Please refer to our "TGCA" code when making your reservation. Run of the House: Single Rate: \$99.00. Double Rate: \$109.00. Double Double Nonsmoking: Single Rate: \$99.00. Double Rate: \$109.00. Additional person charge: \$20.00.

**Crowne Plaza Austin North Central  
6121 North IH - 35  
Austin, TX. 78752**

For reservations:  
1-877-2CROWNE (1-877-227-6963)  
Please refer to TGCA to get your discounted rate of \$109.00 for single or double occupancy. Or you may reserve your rooms online by going to the home page of our website. Crowne Plaza will offer this rate year around for business or pleasure.

## March

4-6  
16  
18-20  
20  
22-23  
25-27  
29-30

Girls Basketball: State Tournament  
Soccer: District certification deadline, 4A  
Soccer: Bi-district, 4A  
Soccer: District certification deadline, 5A  
Soccer: Area, 4A; Bi-district 5A  
Soccer: Sectional, 4A; Area 5A  
Soccer: Regional quarterfinals, 4A; Area 5A

## April

2-3  
5-10  
5-10  
8-10  
10  
12-17  
12-17  
17  
20-25  
27

Soccer: Regional, 4A & 5A  
Track & Field: First week for district meets, 2A, 3A, 4A, & 5A.  
Golf & Tennis: First week for district meets.  
Soccer: State Tournament  
Track & Field: District certification deadline, 1A  
Track & Field: Last week for district meets, 2A, 3A, 4A, & 5A.  
Golf & Tennis: Last week for district meets, all conferences.  
Track & Field: Area certification deadline, 1A  
Golf & Tennis: Regional meets  
Softball: District Certification deadline

## May

3-4  
4  
8  
10-11  
10-11  
13-14  
14-15

Track & Field: Regional meets.  
Softball: Bi-district deadline.  
Softball: Area deadline  
Tennis: State Meet  
Golf: State Meet, 1A, 2A, & 4A  
Golf: State Meet, 3A, & 5A  
Track & Field: State Meet

## UIL All-Century Team Voting

SPORT	START DATE	END DATE
Soccer	OPEN	March 20, 2010
Track & Field	OPEN	April 17, 2010
Softball	January 22, 2010	April 27, 2010
Baseball	January 29, 2010	May 4, 2010

## TGCA News

TGCA News is the official newsletter of the Texas Girls Coaches Association, 1603 Manor Rd., Austin, TX 78722-2536; (512) 708-1333, (512) 708-1325 (fax), [tgca@austintgca.com](mailto:tgca@austintgca.com) (e-mail);

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## TGCA on the Web

Polls, as well as other current information, can be found on the TGCA Web site at: [www.austintgca.com](http://www.austintgca.com).

## Did you move?

Please notify the TGCA office if your school, home address, telephone number or coaching assignment changes.

## UIL eligibility / Sport rule questions

If you have any questions on eligibility or sport rule interpretations, contact the UIL at (512) 471-5883.

# Sponsors



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